

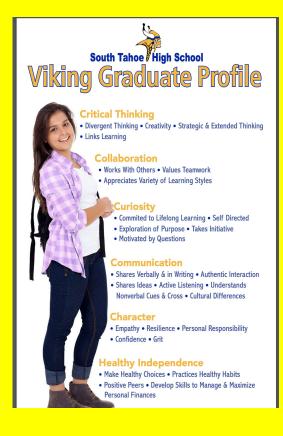
Thank you!
Culinary Students
& Chef Jones! BOOSTERS!

Welcome! Eat, talk, & make sure to sign in!

# Tonight's Agenda

- Introduction & Review
- Why Character?
- The Science of Character Strengths & Virtues
- Student Centered Vision: Why, how, & what's next
- Next meeting December 6th (Spring - Feb. 28th, May 2nd)





### Vision of Student-Centered Learning:

Students develop a sense of purpose through authentic collaboration and real-world learning.

Viking Graduate Profile: 5Cs & Healthy Independence

#### **Viking Vision Goals**

Critical Thinking
Collaboration
Curiosity
Communication
Character
Healthy
Independence

#### Character

- Empathy Value others' perspectives and seek to understand and prioritize success of the group over self
- Resilience Adapt and overcome setbacks and failure, practice a growth mindset and see challenges as opportunity.
- Personal responsibility Take ownership of one's choices, understanding the natural consequences. Manages time and commitments and takes responsibility for outcomes.
- Confidence Take risks, accept challenges and demonstrate courage to be authentic
- Grit- Despite obstacles, applies passion, perseverance and tenacity to accomplishing a goal over an extended period of time.

### WHY Character?

## Why does Character matter?

- When do you need it the most?
- Is it something you are born with?
- Can it grow?

Talk at your tables

- 1. Empathy
- 2. Resilience
- 3. Personal Responsibility
- 4. Confidence
- 5. Grit

3 minute share

### The Science of Character

Review the table. What are your 5 strongest character strengths? Circle them.

What strengths can you develop? Check these.





### The Science of Character

- Notice where your strengths lie. Are they all in one particular area (in, say, the Wisdom or Courage column). Choose one that best describes you.
- Select on virtue (column) that best describes your strength.
- Go to the location with your selected virtue.



WISDOM

COURAGE

HUMANITY

JUSTICE

TEMPERANCE

TRANSCENDENCE

# What's your virtue?

Why does your virtue matter? What would the world be like without your strength?

- What makes you special?
- In a pinch, or if you need help, which virtue would you call upon?

WISDOM

COURAGE

HUMANITY

JUSTICE

TEMPERANCE

TRANSCENDENCE

# Mix it up, multiple strengths

Gather at tables with people with different virtues.

Introduce yourselves!

Name and your virtue or top 2 strengths.



## Vision of Student Centered Learning

Students develop a sense of purpose through authentic collaboration and real-world learning.

Choose one of these to focus on.

# Vision of Student Centered Learning

purpose

authentic collaboration

real-world

### ← Element

| Why?                        | How (now)                       | Hope for 2022                               |
|-----------------------------|---------------------------------|---|
| Why this part is important? | How are we developing this NOW? | What do we<br>hope we are<br>doing in 2022? |

## **Exit Ticket**

Please complete the Exit Ticket and leave on the tables.

Thank you for coming!