



2022

Thank you!  
Culinary Students  
& Chef Jones!  
BOOSTERS!


Welcome!  
Eat, talk, & make sure to  
sign in!

# Tonight's Agenda

- Introduction & Review
- *Why* Character?
- The Science of Character - Strengths & Virtues
- Student Centered Vision: Why, how, & what's next
- Next meeting - December 6th  
(Spring - Feb. 28th, May 2nd)






  
**South Tahoe High School**  
**Viking Graduate Profile**

**Critical Thinking**

- Divergent Thinking • Creativity • Strategic & Extended Thinking
- Links Learning

**Collaboration**

- Works With Others • Values Teamwork
- Appreciates Variety of Learning Styles

**Curiosity**

- Committed to Lifelong Learning • Self Directed
- Exploration of Purpose • Takes Initiative
- Motivated by Questions

**Communication**

- Shares Verbally & in Writing • Authentic Interaction
- Shares Ideas • Active Listening • Understands Nonverbal Cues & Cross • Cultural Differences

**Character**

- Empathy • Resilience • Personal Responsibility
- Confidence • Grit

**Healthy Independence**

- Make Healthy Choices • Practices Healthy Habits
- Positive Peers • Develop Skills to Manage & Maximize Personal Finances

<b>Vision of Student-Centered Learning:</b> Students develop a sense of purpose through authentic collaboration and real-world learning.	
<b>Viking Graduate Profile:</b> <b>5Cs &amp; Healthy Independence</b>	<b>Viking Vision Goals</b>
<p>           Critical Thinking            Collaboration            Curiosity            Communication            Character            Healthy Independence         </p>	<p><b>Character</b></p> <ul style="list-style-type: none"> <li>➤ <b>Empathy</b> - Value others' perspectives and seek to understand and prioritize success of the group over self.</li> <li>➤ <b>Resilience</b> - Adapt and overcome setbacks and failure, practice a growth mindset and see challenges as opportunity.</li> <li>➤ <b>Personal responsibility</b> - Take ownership of one's choices, understanding the natural consequences. Manages time and commitments and takes responsibility for outcomes.</li> <li>➤ <b>Confidence</b> - Take risks, accept challenges and demonstrate courage to be authentic</li> <li>➤ <b>Grit</b> - Despite obstacles, applies passion, perseverance and tenacity to accomplishing a goal over an extended period of time.</li> </ul>

# WHY Character?

## Why does Character matter?

- When do you need it the most?
- Is it something you are born with?
- Can it grow?



1. Empathy
2. Resilience
3. Personal Responsibility
4. Confidence
5. Grit

**Talk at your tables**

3  
minute  
share

# The Science of Character

Review the table. What are your 5 strongest character strengths?

Circle them.

What strengths can you develop?

Check these. ✓

PERIODIC TABLE OF CHARACTER STRENGTHS

WHAT ARE YOUR STRENGTHS  
AND WHICH DO YOU WANT TO DEVELOP?

WISDOM	COURAGE		JUSTICE	TEMPERANCE	TRANSCENDENCE
CREATIVITY	BRavery		IDEAL OPTIMISM	FORGIVENESS	APPRECIATION OF BEAUTY
CURIOSITY	PERSEVERANCE	HUMANITY	TEAMWORK	HUMILITY	GRATITUDE
LOVE OF LEARNING	HONESTY	LOVE	FAITHFULNESS	PROUDNESS	OPTIMISM
PERCEPTIVE	GRACIOUSNESS	KINDNESS	LEADERSHIP	SELF-CONTROL	HUMOR
		SOCIAL INTELLIGENCE			

VIDEO



# The Science of Character

- **Notice where your strengths lie.** Are they all in one particular area (in, say, the Wisdom or Courage column). Choose one that best describes you.
- Select on virtue (column) that best describes your strength.
- **Go to the location with your selected virtue.**



WISDOM

COURAGE

HUMANITY

JUSTICE

TEMPERANCE

TRANSCENDENCE

# What's your virtue?

Why does your virtue matter? What would the world be like without your strength?

- What makes you special?
- In a pinch, or if you need help, which virtue would you call upon?

WISDOM

COURAGE

HUMANITY

JUSTICE

TEMPERANCE

TRANSCENDENCE



# Mix it up, multiple strengths

Gather at tables with people with different virtues.

Introduce yourselves!

- Name and your virtue or top 2 strengths.





## Vision of Student Centered Learning

Students develop a sense of purpose through authentic collaboration and real-world learning.

Choose one of these to focus on.

# Vision of Student Centered Learning

purpose

authentic  
collaboration

real-world

← Element

Why?	How (now)	Hope for 2022
Why this part is important?	How are we developing this NOW?	What do we hope we are doing in 2022?



# Exit Ticket

**Please complete the Exit Ticket  
and leave on the tables.**

*Thank you for coming!*